

MANDY PRATT, AUTHOR

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MEET THE AUTHOR, MANDY PRATT (BIOGRAPHY)

Mandy has been coaching clients of all ages and backgrounds, personally and professionally, for more than ten years. Having coached over 10,000 hours, she coaches both men and women on everything from overcoming depression, losing weight, finding love and starting their own business for personal and financial goals.

“It is all my mother’s fault,” says Mandy, when she describes how she became involved in the personal development industry at such a young age. In Junior High School, Mandy’s mother encouraged her to listen to a variety of self-improvement tapes. Mom would then quiz Mandy on her thoughts about what she heard, which always lead to some very interesting discussions.

From the first day, when Mandy entered Gonzaga University, Spokane, Washington, for International Studies, Mandy knew she was destined to make an impact on people’s lives.

She received much of her professional training by working directly with numerous high-profile and pioneering trainers in the motivational and self-development industries. As a personal development coach, she’s a spokesperson on leadership and business coaching. She is also certified in Hypnotherapy and Neuro-Linguistic Programming (NLP).

Mandy has traveled internationally to continue her education about cultural differences and how the world communicates. By coaching women in China, Europe, Australia, Dubai, Canada and the United States of America, Mandy concludes, “Nothing has a greater impact on every aspect of your life like the relationships you have!” Mandy defines coaching as helping people get the results they want, which they were unable to accomplish on their own. She adds ...

“Coaching is fun and extremely rewarding, especially when people are receptive to it. Many of the people I work with are already on a fairly healthy life plan. Most of them just need an objective perspective, some clarity and wisdom to overcome inevitable challenges before they can reach their goals. As a coach, I like to think that I, too, am always growing. I tell people that I am always working on myself and I promise to share what I learn.”

One of the most cherished accomplishments Mandy has experienced in her business is knowing how she’s helped to bring joy into so many relationships over the years. She is a driven communicator who will always say to you ... “There is greatness in each of us. Let’s start there.”

In 2008, Mandy coauthored her first book, [Rich Coach * Broke Coach](#), with Bart Smith, TheMarketingMan.com. *Why Men Are Like Dogs* is Mandy’s second book in print, and definitely, not her last! You can contact Mandy through her web site for media interviews, invitations to speak or just to say “hello” and share your feedback about her latest work, *Why Men Are Like Dogs*.



MANDY PRATT, AUTHOR
*Why Men Are Like Dogs ...
and How We Can Love Them*

Call (323) 908-3920 to schedule an interview with Mandy Pratt.